



Parent Enrichment Class Schedule Winter / Spring 2011

The Pediatric TEAM Center
Formerly Medically Fragile Children's Program
 1807 E. Main Street Easley, SC 29640
 10:00 am – 12:00 noon

Four- session workshops based on the nationally-recognized Positive Discipline Curriculum

Don't Flip Your Lid! - Conflict Resolution for Families

Holding on to your thinking cap isn't always easy when parenting. In this interactive class, learn about the brain's emotional hard wiring so you can decrease personal stress overloads. Equip the whole family with de-escalation tools that push the reset button and teach healthy communication habits and self- calming skills.

January 13, January 20, January 27, and February 3

Chores Without Wars - Essential Life Skills for Teaching Independence

Preparing children for real life means teaching them how to do laundry, cook, clean, maintain a car and more. Children who feel capable and genuinely needed misbehave less than children who are pampered. This active learning workshop explores the Significant Seven Perceptions and Skills that promote self-reliance in children and teens, teaches family tools for assigning age appropriate chores and helps parents practice follow-through techniques.

February 10, February 17, February 24, March 3

Misbehavior Detectives - Understanding the Beliefs Behind Your Child's Misbehavior

Use your emotions as clues to reveal the main reasons for most misbehavior. This problem solving workshop will help parents take a closer look at misbehavior to develop new long term strategies for teaching children problem solving skills, responsibility and recovery skills.

March 10, March 17, March 24, March 31

Better Behavior from the Inside Out: No Bribes or Rewards Required

Learn Positive Discipline parenting tools that will improve the parent child relationship, enhance self-esteem for kids, teach valuable life skills to children and, decrease power struggles in the home. Parents will learn what really matters to children and what truly motivates kids to behave better.

April 28, May 5, May 12, May 19

*Participants should attend all 4 sessions. \$10 Deposit per Person for each 4-week session
 To register, call 864-454-2102 Class size is limited, so register early.*



Sponsored by The Pediatric TEAM Center and PRIDE

PRIDE – Promoting Resources in Developmental Education 200 Patewood Dr. Suite A310 Greenville, SC 29615
www.ghschildrens.org/pride